

Lynn

“... if it wasn't for the Mission, I would not have been able to get my connection with God back.”

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God's Redemptive Power All Around



Myra E. Garlit
M.Ed., LISAC, BHP
Executive Director

Hello! We're pleased to offer the latest News for Our Partners! In this newsletter, you will have the opportunity to read about the events that have happened over the past few months.

In May, we were happy to host the 2018 National Day of Prayer. Many prayers were offered to God by area pastors during the event. We have published some of those prayers on our Facebook page at [Facebook.com/CrossroadsMissionYuma](https://www.facebook.com/CrossroadsMissionYuma). You can also watch the entire video of this event on crossroadsmission.org.

On our cover, we are blessed by Lynn sharing her story of success. Understanding the gravity of being homeless, addicted, and of mental health problems is complex. People often tell the individual to "just get over it" or "just stop doing drugs." Nothing in helping people to change their lives is easy but through God we know that all things are possible. Enjoy Lynn's story here or watch it on our YouTube channel.

Every day of the week, we have people come from the area churches to share God's love and redemptive power at chapel. These pastors and lay people offer the Word of God to our program participants and homeless guests. Then, the people at the Mission can make a choice on where they would like to attend church or if they want to attend. Of course, we hope that they make a choice to attend church and to serve Jesus Christ. Every volunteer who serves in this capacity as a chapel worker, Bible study person, or presents a discipleship program, is vital to the work at the Mission. We do not have the resources to cover all of these groups. Thank you area pastors, priests, and others who help.

Please like us on Facebook or follow us on Twitter. We want to be transparent and let you know what is going on at the Mission. Thank you for your donations but especially thank you for your prayers! God bless you!



Mothers Day at Crossroads Mission

The dining room at Crossroads Mission was packed as we celebrated Mother's Day. Guests were treated to a turkey dinner while listening to spiritually uplifting music. Thanks to our many donors, purses and handbags were given out to the many mothers in attendance. There was even a place where guests had the opportunity to get their pictures taken as a family! May God continue to Bless all of the mothers this day and continue to provide for them in their times of need!



2018 National Day of Prayer

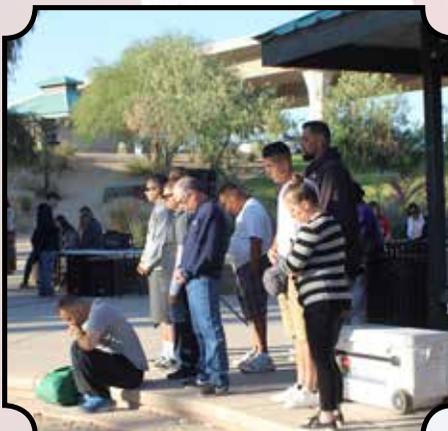
Unity - Such a small word that has such a huge impact in our lives. The theme for this year's National Day of Prayer was "unity." Quite fitting, considering all the disunity we have seen in our country in the past few years. Local pastors and church leaders from the community joined Crossroads Mission at Gateway Park to take part in the National Day of Prayer. A free pancake breakfast was served to all in attendance. There were prayers for unity within our families, our government, our places of worship, and our schools.

Even though the day has passed, we continue to pray for that unity. We continue to pray for those who are in need of help and compassion - that they may come to Crossroads. We continue to pray for our volunteers and donors who are vital to the Mission. And we continue to pray that we do our best to fulfill our mission statement: "Glorifying God by serving those at their crossroads of life!"

If you missed it, see the entire event at crossroadsmission.org.



Right - Cesar Acosta, Treatment Director, as he prays for those still in their addiction and for them to find the help they need to recover



Lynn - Reconnected

Lynn Mcgee's story is one we see over and over. When she came to Crossroads Mission nearly 6 years ago, she had already been through more abuse, drugs, despair, and dysfunction than most. Lynn suffers from paranoid schizophrenia, post traumatic stress disorder, depression, anxiety, bipolar disorder, and addiction.

"From an early age I knew that I had something different – I was just very different – it's all I can tell you. I would act out. When I was 13 I ended up going to Social Services. I was drinking pretty heavy to numb the pain of what was going on. I was abused from six months old to 12 years old, at the time that I called CPS myself."

At the age of 20 she had already been married, divorced, and had three children. To make ends meet, she started selling drugs. "It worked out for a while until I started using them. In very short order it became all-encompassing to me in my life. It destroyed me in every way. I overdosed that year. The kids got dispersed between my ex-husband and my sister. It all went downhill for me very fast."

"I knew that things were bad. In my head there were a lot of things besides the behaviors, the drugs, the street life. I was deathly afraid of telling anyone what was really going on. I've always heard voices and seen or felt things that were not of the norm. Growing up in house where my mom was schizophrenic and my grandparents had to

raise me, it was not something I was going to tell ever."

She entered into another relationship where drugs became a part of their lives and they were homeless. She got pregnant and they got help from her boyfriend's parents to get an apartment. While pregnant she got arrested for fraud and ended up with probation. "During this time, we had our son and things went ok. I was not clean part of my pregnancy, which is another thing that I swore I would never do. We did ok for awhile. We were married, we had several children. He had his from before (2), I had mine from before (3). We were ok but once again we started using and things got out of hand. We found ourselves pregnant again and we stopped. We started going to church and making connections. Things were normal. But once again I started selling drugs. I was 23 by then. I then got arrested and went to jail. When you get arrested and you are high, they take the kids so things really escalated."

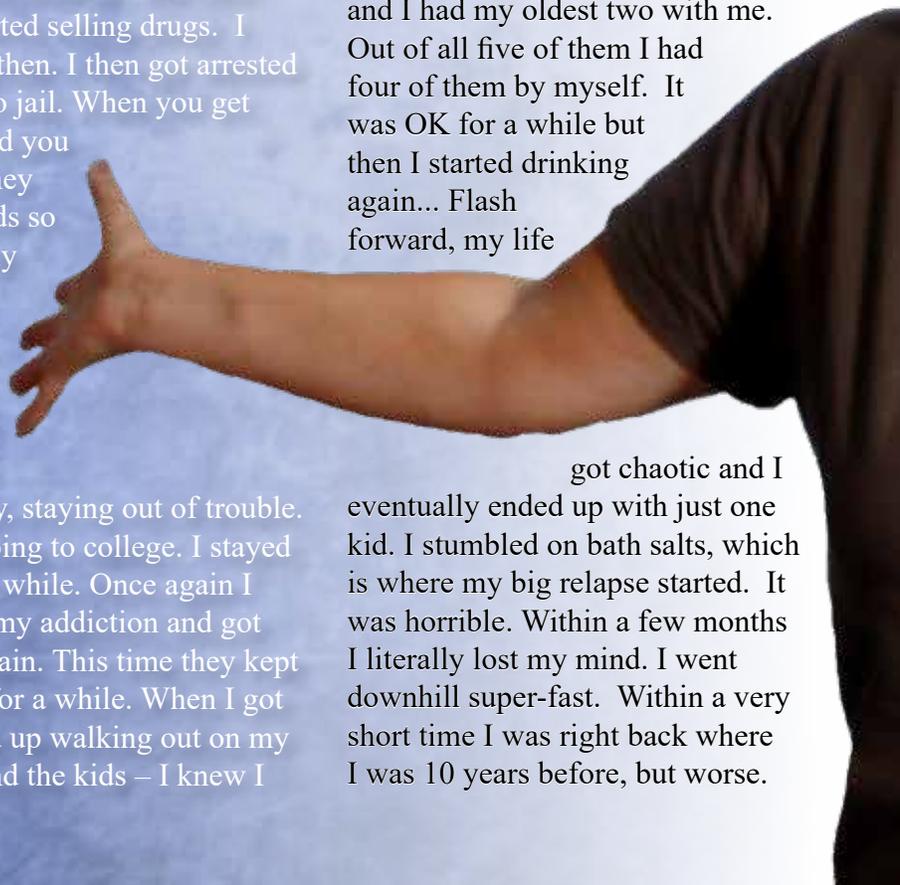
I ended up going back to church. I stayed busy, staying out of trouble. I started going to college. I stayed sober for a while. Once again I kicked on my addiction and got arrested again. This time they kept me in jail for a while. When I got out I ended up walking out on my husband and the kids – I knew I

wasn't well. I thought staying on the streets was better, which was actually worst. I ended up arrested again and in jail for five or six months."

After she got out of jail she was doing OK and was on medication for her mental illness. She was working things out with her husband but they started using drugs again. She got arrested once more and was sent to a 90 day in-house treatment program. After completing the program, she made the decision to leave her husband and her kids to really work on getting better. As a result, she ended up with only 30 percent parental custody.

Soon after, Lynn moved to Yuma from San Diego and stayed two years clean. "I ended up having custody of my youngest two kids and I had my oldest two with me. Out of all five of them I had four of them by myself. It was OK for a while but then I started drinking again... Flash forward, my life

got chaotic and I eventually ended up with just one kid. I stumbled on bath salts, which is where my big relapse started. It was horrible. Within a few months I literally lost my mind. I went downhill super-fast. Within a very short time I was right back where I was 10 years before, but worse.



d with God!

My mental health was a wreck – audio and visual hallucinations were horrible! I called my sponsor to take me to the Mission.”

“It was then that I really started to want to try to change, but I still had really bad coping skills and behaviors. I made the decision to leave so I could go earn money and I ended up relapsing.” Lynn

came to detox
again
and

was committed to the program but was asked to leave because she was fraternizing. She left and eventually started drinking again and came to detox one more time. “I went back to detox and I said I can’t do this anymore. “I was scared and for the first time I was completely alone. I just had me and God and that was it. I pushed any and everybody away and I finally said I have to do this for myself or I’m gonna die. I could feel it in me.”

Since then, Lynn has continued to work on her recovery. Three years ago, she graduated from Mental Health Court program and was even featured in a newspaper story.

Now Lynn is using her own experiences to help others.

“People kind-a look at me (and say), “well, how would you know?” I always tell them, I haven’t been put together, I was a mess. **I really believe if it wasn’t for the Mission, I would not have been able to get my connection with God back.** I’m grateful to the Mission and I hope that more people can hear my story and realize, you know, five and a half, almost six years ago, that’s where I got my start in turning my life around. **If it wasn’t for the Mission I can almost tell you for certain I wouldn’t be sitting here today, hands down, there is no way.”**



VIDEO:
Follow this Quick Response link to watch Lynn’s story in her own words

New Skills For a New Life

“There’s nothing to do in Yuma!” That’s a remark that we hear quite often from the participants in the recovery program. We want to show them a new way to live and showing them the possibilities in Yuma County is fun, exciting and often a challenge. For instance, each year before the County Fair, Myra Garlit, the Executive Director of Crossroads, teaches men and women dried flower arranging.

This year, there were about 60 people who got a “hands-on” opportunity to make their own arrangements. Some of the management staff judged the top 30 and those were then entered in the fair. All of the entries received purple, blue, and red ribbons.

For the next class, Susan Jorgensen, Finance Director, teaches them pie making. Can you imagine 60 people making pies at one time? They learn how to make the crust and then can chose what pie filling they want. Once again, the management staff judge the pies by taking a bite of each one. The top 5 winners make a second pie the day they must be entered into the fair.

One of the male participants made an apple-crumble pie. He had never made a pie in his life! We were all surprised when he won the Purple Rosette and the Golden Rosette at the County Fair. He received a small monetary award and was very happy! His wife said that now he had to make her a pie. The other entries received

purple, blue, and red ribbons.

Learning about activities that are fun, meaningful, and interesting is just one of the many things that the recovery and homeless programs offer our participants. Learning to be sober is important and learning what Yuma has to offer is just another aspect of sober living.



Crossroads' Missionaries

Ministry is what we do here at Crossroads Mission. Every time we reach out to a person in need we are acting as the hands and feet of Jesus. Thankfully, we don't have to do it all by ourselves. Every week there are six Bible study groups, 10 morning devotion groups, and 12 evening chapel services. That is 28 weekly meetings dedicated to sharing the Word of God! This does not include the multiple prayers and random God conversations that happen daily at the Mission. Ministry volunteers help make it all happen.

Every day we are joined by friends and partners from the church community. They come to the Mission to preach, teach, and encourage. They are pastors, church leaders, church teachers, and strong men and women of faith that heed the call of the Lord to "GO!" They are missionaries that come to Crossroads – our very own mission field.

Recently, we celebrated all these faith heroes with a small ministry reception at our family shelter multipurpose room. We just needed to thank them and encourage them for the important work that they do here at Crossroads. They help transform lives.

Kristy and Josh are two of the people that were impacted by the Gospel. At the event they shared their stories of how hearing about God's love over and over at the Mission changed their lives.

We continue to be thankful for



VIDEO:
Kristy shares her story during the event



VIDEO:
Josh shares his story during the event

the many ministry volunteers that keep Crossroads moving forward. If you are one of them, we encourage you to stay engaged. If you are not, we invite you to be a Crossroads Mission missionary – start today!

For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.'

"Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in, or needing clothes and clothe you? 39 When did we see you sick or in prison and go to visit you?'

"The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'

Matthew 25:35-40 (NIV)

2nd Chance - Not Your

Who would have thought you could get your blood pressure checked at a thrift store? At 2nd Chance Thrift Store, that's exactly what you can do! The last Wednesday of every month is Healthy Hearts day all over the Mission, including the store. Nurses and EMTs check blood pressure, glucose levels, weight, and even body mass index that day – all free of charge.

This isn't the only thing that sets 2nd Chance apart from other thrift stores. The men and women staying at the shelters are provided clothing from the store when they are in need. Our case managers and store manager work together to help as many people as possible. This is possible because of the generous support that we receive from donors like you.

Another unique distinction about 2nd Chance is where all proceeds from the sales go. Through the sale of donated items, funds go directly to programs that help the homeless at Crossroads Mission. Those proceeds help to feed, to provide a safe place to sleep at

night, and many other services. Plus, all proceeds stay right here in the community.

The Second Chance Thrift Store has daily sales also. Each day there is a sale and a chance to find a great deal. The store has a large selection of furniture, glassware, clothing, shoes, books and much more! There is also a bike shop for those who are looking for parts or prebuilt bicycles. You never know what you will come across when shopping!

Please continue to help! None of this is possible without your donations and volunteer work.

Through you, God continues to provide for those who are in need of comfort and help.

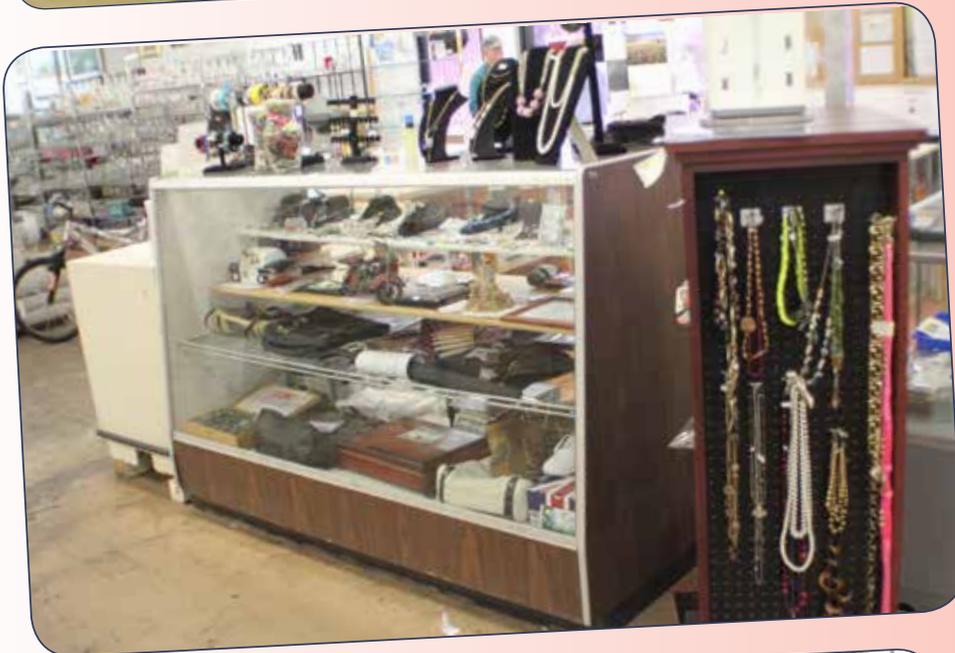
May God Bless You!

Below- Angela, an EMT from our 1st Step Center is checking the blood pressure of a young girl



The 2nd Chance Thrift Store with the new electronic sign, located at the corner of 5th Avenue and 8th Street

Average Thrift Store



Please help! We are always in need of volunteers at the 2nd Chance Thrift Store?

Contact Patty, the Store Manager directly at: (928)-328-8606.

You can also come on in to the store and ask about volunteering your time. We are always looking for passionate volunteers who want to help others!

Please donate! We can pick up your donations to Crossroads.

Call (928) 726-0491 to schedule a free pickup.

We also accept donations directly at the store, located at 550 W 8th Street, or at the main Crossroads campus at 944 S Arizona Avenue.

We are looking forward to your visit!





Thank You Yuma Rehabilitation Hospital!

With the summer heat fast approaching, staying hydrated is more important than ever. The Yuma Rehabilitation Hospital staff set a goal to collect 200 gallons of drinking water to donate to Crossroads Mission. Not only did they meet their goal, they far surpassed it, collecting over 500 gallons of bottled water! We deeply appreciate the effort, time and dedication that was put forth by the staff. Thank you very much for everything you do in the community to help those who are in need! God Bless You!



Thank You AEA Federal Credit Union!

Homelessness and hunger often go hand in hand. The AEA Federal Credit Union graciously provided a donation of over 100 pounds of meat to Crossroads Mission to help combat hunger. Thanks to your donation, many who would have gone hungry were fed. God Bless You!



Thank You Country Roads Christian Men's Fellowship!

The Christian Men's Fellowship from Country Roads RV Park recently donated their time and effort to help improve the Men's Shelter. They arrived ready to work and painted several areas. Thank you for everything you do to help out! God Bless You!

Thank You!

Without all your support during these past months, we could not have provided vital services to the homeless and hosted the many special events. Our promise to you is one of accountability, transparency, and good stewardship. We are careful on how we spend because it's not our money - it's your money and God's money!

What Your Gifts Made Possible:

DEPARTMENT	JAN	FEB	MAR
Kitchen			
MEALS	12819	10590	12363
Family Shelter			
BED NIGHTS	2823	2468	2694
INDIVIDUALS	145	132	124
CHILDREN	49	40	26
Men's Shelter			
BED NIGHTS	2903	3288	3088
INDIVIDUALS	173	188	188
Drug & Alcohol Stabilization Unit			
ADMITTED	47	38	40
COMPLETED	23	28	24
New Life Recovery Program			
ENTERED	15	26	23
GRADUATES	12	5	8
New Way Homeless & Transition Program			
PARTICIPATING	45	44	42
Career & Academic Center			
STUDENTS	106	92	111
HOURS STUDIED	620.25	610.25	23.5
GEDs	0	1	0
Giving			
CLOTHES	9923	14792	13117
FURNITURE	63	24	8

Memorial Gifts:

A Gift In Memory Of:	Kindly Given By:
Dan Tucker	Frank Farrar
	Jo Ann Stevens
Dan Tucker	George Deckey
	James Platt
Frank Colgrove	Shirley Morris
	Ruth Moore

Our deepest sympathies are with those who have lost loved ones. A memorial gift to Crossroads Mission is a special way to offer hope to the needy in the name of a friend or family member.

Every effort is made to assure that all names are correct. We apologize for any errors that may have occurred.

May we email you?

We are trying to collect email addresses from our friends and supporters. We hope to stay in touch better and to save money on postage.

Please fill out the form below and send it back to P.O. Box 1161, Yuma AZ 85366-1161. Or, go to our website and fill out the form there: crossroadsmision.org

Name: _____

 Email Address: _____

 Address: _____

 City: _____ Zip: _____

Please update my records I am new to Crossroads, please add me

Help us help them!

When someone comes to Crossroads for help - we're there for them! Through your donations, you are there too - THANK YOU! Will you please send your most generous gift today? You can help us help them!

YES! I want to help them! Here's my gift of:

\$30 \$50
 \$70 Other: _____

PLEASE CUT ALONG DOTTED LINE & SEND THIS CARD WITH YOUR GIFT TO: Crossroads Mission, P.O. Box 1161, Yuma AZ 85366-1161. Ensure that the mailing label with your name and address is visible on the back of this card. For credit card giving visit our website or call (928) 259-5608. All donations are tax deductible and you will receive a thank you letter confirming your gift. Unless otherwise specified, donations will be used to cover general operating and program expenses and may be used throughout the year.



MAIN PHONE NUMBER: (928) 783-9362
*Operator on duty 24/7

Executive Director
Myra Garlit (928) 783-9362, Ext. 101

Major Gifts & Development
Financial Stock & Property Contributions,
Planned Gifts & Charitable Trusts
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Kitchen & Food Donations
(928) 328-8604

2nd Chance Thrift Store
Donations Pick-Up Line (928) 726-0491
Cashier's Station (928) 328-8626

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Individual, Church & Corporate Volunteer
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Barbara Rochester (928) 580-4482

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Public Relations & Special Events
Fundraising Events, Group Presentations, Gifts of
Goods, Food, Services and Vehicles.
Barbara Rochester (928) 580-4482

***Family Shelter**
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***Men's Shelter**
(928) 783-9362, Ext. 100

***First Step Center - OPEN 24 HRS.**
(928) 328-8082

Career & Academic Center
(928) 328-8236

Newsletters & Website
Mark Tawzer (928) 246-7956

www.crossroadsmission.org

CROSSROADS Mission 2ND CHANCE THRIFT STORE

The Best Prices in Yuma!
OPEN MONDAY - SATURDAY
8:00 AM - 4:00 PM
550 W. 8th Street

To Schedule a FREE pick up of your donations call: **(928) 726-0491**

Credit Cards Accepted! Square, Discover, MasterCard, VISA



Did you know?

For every dollar you donate to Crossroads Mission, only 3 cents are used for administration costs



Accredited by the Evangelical Council of Financial Accountability. Your donations are in good hands with Crossroads Mission!

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Crossroads Mission is committed to glorifying God by serving those at their crossroads of life

Crossroads Mission is a 501(c)3, Private Nonprofit Organization serving the homeless, needy and poor of Yuma County without regard to race, color, national origin, religious background, age, sex or handicap. (Alternative format and reasonable accommodations available upon request.) We depend on the contributions of concerned individuals and organizations. All contributions are tax-deductible. We are a member in good standing of the Association of Gospel Rescue Missions and are accredited by the Evangelical Council of Financial Accountability. We partner with the State of Arizona, Yuma Community Food Bank, FEMA & Cenpatco Integrated Health. We do not solicit door to door. Please report any impostors to us immediately. News for Our Partners is a quarterly publication for the friends and supporters of Crossroads Mission. We welcome comments about the content of the newsletter. If there are issues you want to hear about, please let us know.

Member of the Association of Gospel Rescue Missions. www.agrm.org **RESCUE**

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